

LACYP

Let's Club Together

www.lacyp.org.uk
www.ormsidemill.org.uk



News Update – March 2011

NEWS - NEWS - NEWS



Community Sports Leader Award

LACYP is running a 10 week Community Sports Leader Award course at Burnley Boys Club through support from CYP and funded by Progress. This 10 week course sees the group covering unit mainly practical such as leadership skills, planning and leading sports and activities, pathways sport and also achieving a 1st Aid Certificate.

National Citizen Service

In partnership with Clubs for Young People (CYP) and Catch 22, LACYP will be piloting one of the many pilot schemes during the summer. Our project will be for a group of 15 young people aged 16 years from a variety of background across Lancaster district. Ed Maxwell has been appointed to lead on this exciting new project which fits with much of our long standing work with young people. For further details, contact us on 01524 65106 or by email: lacyp@lacyp.org.uk or ncs@lacyp.org.uk

RECENT EVENTS

Snowboarding

Young people from LACYP and Lancashire YPS Clubs (through the commissioned Outcomes funding) attended a 4 week snowboarding course at Ski Rossendale during January and February.

The aim of the course was to provide an opportunity for young people to try snowboarding and get the group to achieve the highest level they could for the Snowlife Awards.

Over the course, members discovered who was 'goofy' and who was 'regular' as well as learning 'side slipping', 'falling leaves' and 'C turns' as well as taking a few falls, and for those who were good enough how to link their turns whilst on the quarter pipe.

Everyone achieved an award with most reaching up to their level 3.



Pool

Around 40 young people from around the county attended the annual LACYP Pool tournament. For the second year running the event was held at Stephen Hendry's Snooker & Pool Centre in Preston who very kindly donated the use of the venue.

This year as well as clubs from the LACYP family there were also youth clubs from Lancashire Young Peoples Service participating through the commissioned outcomes funding.



Results:	U 12	Winner	James Flynn	Marsh Community Centre
		Runner Up	Alex Hill	YNot Snooker Club
	U 14	Winner	Brian Adams	Blackpool Boys & Girls Club
		Runner Up	Adam Royal	Blackpool Boys & Girls Club
	U 16	Winner	Brian Fletcher	YNot Snooker Club
		Runner Up	Alex Kelly	YNot Snooker Club
	U 19	Winner	Sohail Shazad	YNot Snooker Club
		Runner Up	Paul O'Brian	West Lancs YPS

As ever these events would not be able to happen without the support of volunteers and so a big thank you goes to the newly retired but as ever reliable Margaret Love and Brian Keating, and once again a big thank you to Stephen Hendry's and its staff for their support.

Also congratulations go to the following players, who were the highest ranked 'LACYP' players who progress to the CYP Northern Finals. Good luck to you all!

James Flynn, Dan Freeman, Jason Maguire (Marsh Community Centre), Brian Adams, Adam Royal, Callum Cartmell (Blackpool Boys & Girls Club), Richard Wilkinson (Clitheroe Youth)

ONGOING ACTIVITIES

Urban Rowing Challenge – REMINDER – Only 70km remaining!

LACYP has been offering each affiliated club a free taster session of indoor rowing on water rowers received from British Rowing. To date, only 13 clubs have booked their free session. As part of the session club members will receive coaching, play games, have races and face individual and team challenges with certificates.

Once having received a taster session, further sessions or a course of four sessions can be booked at a cost.

At the same time clubs have been contributing to complete the ultimate challenge of rowing the distance between Lancaster and London!!!! Approx. 70km left to row to reach our target which would involve approx. 10 clubs.

One last regatta evening is to be planned, where all the clubs who have contributed will be invited to enter young people to row the last 10,000 meters. An awards presentation will take place afterwards.
Date/venue and other details to be confirmed closer to the time.

If you would like to receive your free taster session and contribute to URBAN ROWING CHALLENGE contact Andy or Sylvia at LACYP on 01524 65106 or email andygunn@lacyp.org.uk

Trailblazers

This is a mountain bike skills programme which can be delivered in your community. It includes bike checks, safety and riding skills, developed through fun challenges. Further riding sessions on more advanced trails can then be booked. For more information on bookings, call Stephen or Andy on 01524 65106

Sports2Go

LACYP is taking the Sports2Go into the community to provide opportunities to get involved in a range of sports and physical activities and to have fun!!! (Activities include: Tri-golf, volleyball, football, tag rugby, archery, pillow bashing, and earthball....etc...). Group dynamics and team building activities providing personal and social development skills can also be delivered. For more information, please contact Andy or Sylvia on 01524 65106.

FORTHCOMING EVENTS

Lakeland Adventure Challenge

Monday 11th April – Friday 15th April 2011



Spend a week at Orside Mill and take part in the Lakeland Challenge. You will be faced with challenges involving crags, ghylls and true wilderness, have you got what it takes to succeed and come away with memories and experiences that will last a long time. Hurry up, closing date is: Friday 18th March 2011

Mural Competition – Tuesday 1st March – Friday 29th April 2011

Harness your creative side and produce a mural to brighten up your club. The mural can be either indoors or outdoors and if you do not have access to a wall use a large piece of wood, card or paper. The theme this year is “What is best about your club”. Alongside your mural you must keep a photographic or video diary showing the progress of the mural for judging.



Orside Mill Residential Centre



Thanks to all the volunteers who came up to the Mill for the weekend to help tick off a huge list of maintenance jobs that needed to be done to keep the centre running smoothly. As a small charitable centre, we really rely on the generosity of people giving their time to maintain and improve the facilities we can offer.

The weather was not always being kind over the weekend, but everyone made the most of the dry spells and worked hard to get as much done as possible.