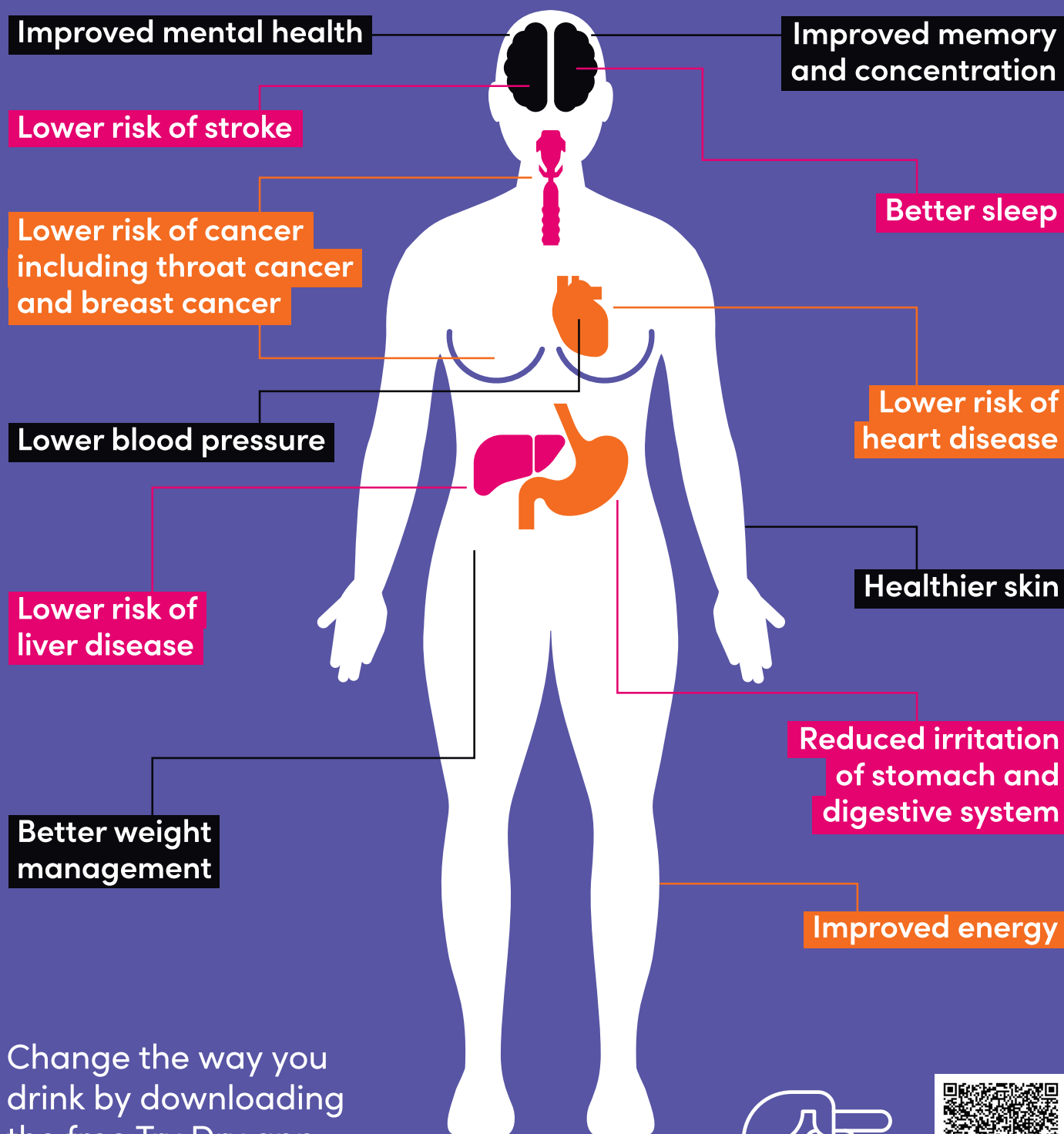


Drink less, feel better

Drinking less alcohol, can make a big difference to our health and wellbeing. Making even small changes to our drinking can help us feel better.

ALCOHOL
CHANGE^{UK}



Change the way you drink by downloading the free Try Dry app.

alcoholchange.org.uk/app

