

POWER OF 10



LANCASHIRE
BOYS & GIRLS
CLUBS



FOR YOUNG PEOPLE IN THE COMMUNITY

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POWER OF 10

Introduction

Young Volunteers

The LABGC team would like to introduce the Power of 10 Volunteer Passport, to encourage and inspire young people to seek out opportunities they may not usually explore, building confidence, skills and good well-being practices along the way.

This Awards Programme is for young people aged 8 - 18 years who participate in volunteering or social action initiatives and experience the benefits it brings.

AWARDS

What you can achieve

The Four Award Tiers



Bronze = 10 hours Volunteering

Certificate, badge + badge display.



Silver = 20 hours Volunteering

Certificate + badge

+ certificate presentation folder



Gold = 50 hours Volunteering

Certificate + badge

+ branded PO10 T-Shirt.



Platinum = 100 hours Volunteering

Certificate + Badge

+ branded PO10 Hoodie + Gift Voucher.

HOW TO *Complete*

- 1 FIND VOLUNTEERING OPPORTUNITY
- 2 VOLUNTEER & COMPLETE LOG
- 3 COMPLETE END OF HOURS JOURNAL
- 4 ASK MENTOR TO SIGN & APPROVE
- 5 MENTOR SUBMIT CONFIRMATION
- 6 RECEIVE AWARDS

**GET IN
TOUCH**



01524 65106



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VOLUNTEERING

Top Tips



Completing your volunteer hours outside of your club?. Discuss this with you mentor first.

Preparing for Volunteering:

- Be on time.
- Plan what to wear and make sure it's suitable for the activity.
- Listen to instructions and ask questions.
- Know who to report to.
- Be open, honest and enjoy learning new things.

**YOU
GOT
THIS!**



THIS IS ME

my bio

Full Name: _____

Date of Birth: _____

Date I started Power of 10: _____

My Youth Club: _____

My School: _____

My Town/ Village: _____

My Power of 10 mentor: _____

My Interests are:

VOLUNTEER LOG

Keep track of your volunteer hours below.

Each time you complete one hour volunteering ask your mentor to sign and date the circle.



1 HOUR	1 HOUR	1 HOUR	1 HOUR	1 HOUR
1 HOUR	1 HOUR	1 HOUR	1 HOUR	10 HOURS

WELL DONE! You've completed your Bronze Award.
Now complete your 10 Hours Review on page 11

Keep Going - you will soon have your Silver Award!



1 HOUR	1 HOUR	1 HOUR	1 HOUR	1 HOUR
1 HOUR	1 HOUR	1 HOUR	1 HOUR	20 HOURS

AMAZING - YOU'RE A STAR! You've completed your Silver Award.
Now complete your 20 Hours Review on page 12



VOLUNTEER LOG

Keep Going - to complete your Gold Award!

1 HOUR	1 HOUR	1 HOUR	1 HOUR	1 HOUR
1 HOUR	1 HOUR	1 HOUR	1 HOUR	1 HOUR
1 HOUR	1 HOUR	1 HOUR	1 HOUR	1 HOUR
1 HOUR	1 HOUR	1 HOUR	1 HOUR	1 HOUR
1 HOUR	1 HOUR	1 HOUR	1 HOUR	1 HOUR
1 HOUR	1 HOUR	1 HOUR	1 HOUR	50 HOURS

*OMG FANTASTIC WORK! You've completed your Gold Award.
Now complete your 50 Hours Review on page 13*



VOLUNTEER LOG

Keep Going - to complete your Platinum Award!

1 HOUR	1 HOUR	1 HOUR	1 HOUR	1 HOUR
1 HOUR	1 HOUR	1 HOUR	1 HOUR	1 HOUR
1 HOUR	1 HOUR	1 HOUR	1 HOUR	1 HOUR
1 HOUR	1 HOUR	1 HOUR	1 HOUR	1 HOUR
1 HOUR	1 HOUR	1 HOUR	1 HOUR	1 HOUR
1 HOUR	1 HOUR	1 HOUR	1 HOUR	1 HOUR

nearly there...



VOLUNTEER LOG

Amazing keep going - to reach your Platinum Award!

1 HOUR	1 HOUR	1 HOUR	1 HOUR	1 HOUR
1 HOUR	1 HOUR	1 HOUR	1 HOUR	1 HOUR
1 HOUR	1 HOUR	1 HOUR	1 HOUR	1 HOUR
1 HOUR	1 HOUR	1 HOUR	1 HOUR	100 HOURS

ABSOLUTELY MARVELOUS - YOU WILL HAVE MADE

*A MASSIVE POSITIVE IMPACT WITH YOUR
VOLUNTEERING EFFORTS! WELL DONE!*

You have completed your Platinum Award.

Now complete your 100 Hours Review on page 14



MY JOURNAL

What I achieved

10 HOURS Review

Where I Volunteered: _____

Describe the activities you were involved in.

The things **I enjoyed...**

The things **I learned...**

Ask your Power of 10 mentor to approve your journal.

Name : _____ **Signed:** _____ **Date:** _____

Well Done! Your mentor will now submit a **PO10 verification form** for you to receive your award.





MY JOURNAL

What I achieved

20 HOURS Review

Where I Volunteered: _____

Describe the activities you were involved in.

The things **I enjoyed...**

The things **I learned...**

Ask your Power of 10 mentor to approve your journal.

Name : _____ **Signed:** _____ **Date:** _____

Well Done! Your mentor will now submit a **PO10 verification form** for you to receive your award.





MY JOURNAL

What I achieved

50 HOURS Review

Where I Volunteered: _____

Describe the activities you were involved in.

The things **I enjoyed...**

The things **I learned...**

Ask your Power of 10 mentor to approve your journal.

Name : _____ **Signed:** _____ **Date:** _____

Well Done! Your mentor will now submit a **PO10 verification form** for you to receive your award.





MY JOURNAL

What I achieved

100 HOURS Review

Where I Volunteered: _____

Describe the activities you were involved in.

The things **I enjoyed...**

The things **I learned...**

Ask your Power of 10 mentor to approve your journal.

Name : _____ **Signed:** _____ **Date:** _____

Well Done! Your mentor will now submit a **PO10 verification form** for you to receive your award.



MY SKILLS

What I achieved

New Skill Alert

Every time you learn a new skill describe it here to keep track.

New Skill

Ask your Power of 10 mentor to recognise your new skill.

Name : _____ **Signed:** _____ **Date:** _____

New Skill

Once completed ask your Power of 10 mentor to recognise your new skill.

Name : _____ **Signed:** _____ **Date:** _____

New Skill

Once completed ask your Power of 10 mentor to recognise your new skill.

Name : _____ **Signed:** _____ **Date:** _____

MY SKILLS

What I achieved

New Skill Alert

Every time you learn a new skill record and discuss it here to keep track.

New Skill

Once completed ask your Power of 10 mentor to recognise your new skill.

Name : _____ **Signed:** _____ **Date:** _____

New Skill

Once completed ask your Power of 10 mentor to recognise your new skill.

Name : _____ **Signed:** _____ **Date:** _____

New Skill

Once completed ask your Power of 10 mentor to recognise your new skill.

Name : _____ **Signed:** _____ **Date:** _____



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